



**TEXAS DEPARTMENT OF HEALTH**  
AUSTIN, TEXAS  
**INTER-OFFICE MEMORANDUM**

**TO:** Regional Directors  
Directors, Local Health Departments  
Directors, Independent WIC Local Agencies  
Herman Horn, Acting Chief,  
Bureau of Regional/Local Health Operations

**FROM:** Barbara Keir, Director      **{Original Signed}**  
Division of Public Health Nutrition and Education  
Bureau of Nutrition Services

**DATE:** August 3, 2001

**SUBJECT:** Search for Breastfeeding Mothers of Multiples

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The State Agency is revising the Tips for Nursing Mothers tipsheet, *Nursing More Than One*, stock #13-114. The old tipsheet is currently available in limited quantities, but will not be re-printed. It is available for downloading from the website at:

<http://www.tdh.texas.gov/lactate/twinseng.pdf> (English) and  
<http://www.tdh.texas.gov/lactate/twinssp.pdf> (Spanish).

The revision will be in the form of a brochure and will include photos of breastfeeding mothers with twins, triplets or other multiples.

If your clinic is located within a 250 mile radius of Austin, and if you have a breastfeeding WIC client with twins or triplets who would be willing to be photographed for this brochure, please contact Laurie Coker at (512) 458-7111, extension 3573 or Chris Coxwell at (512) 406-0700, extension 313. The mom and babies will receive a stipend for their participation.

If you have any questions please contact Laurie Coker, Breastfeeding Specialist, at (512) 458-7111, extension 3573 or [laurie.coker@tdh.state.tx.us](mailto:laurie.coker@tdh.state.tx.us) or Mary Van Eck, Nutrition Education Coordinator, at (512) 458-7111, extension 3484 or [mary.vaneck@tdh.state.tx.us](mailto:mary.vaneck@tdh.state.tx.us).